Preferences for Everyday Living Inventory©
Nursing Home Version- Mid-Level (PELI-NH)

Resident:_____ Room Number: _____ Interviewer: _____ Date: _____

Instructions to the Interviewer

1. **Introduce yourself to the resident:** *"Hello Mr./Mrs./Ms./Dr. _____. "My name is _____ (name), and I am the _____ (position) here at _____(facility). How are you today?"*

2. **Describe what you are going to ask the person to do:** *"This conversation is to help us get to know you better. The questions are about you, so there are no wrong answers. We will not share your answers with other residents or staff. Only the research team will look at these materials. If you are uncomfortable with any question, please let me know. Feel free to not answer that question. Do you have any questions?"*

3. **Explain how the interview works:** *"I am going to ask you questions about your preferences. I would like to know what your preferences are **right now**. Some of the questions may ask about things **you feel you can no longer do by yourself,** but I'd like to know if these activities would be important to you **if you could do them with assistance or find a way to do it."***

> **NOTE TO INTERVIEWER:** Take out the response card that reads: "Very Important, Somewhat Important, Not Very Important, Not Important at All" and place it in front of the resident.

4. ***Explain the response choices:*** *"I am going to ask you whether an activity is important to you or not. I would like you to answer this question either **"Very Important, Somewhat Important, Not Very Important, Not Important at all."** For example, if the question is "How important is it to you to watch TV?" you decide what answer best fits how important watching TV is to you. **[Show response options to resident]**: You could answer "Very Important, Somewhat Important, Not Very Important, or Not Important at All. Do you have any questions?"*

> **NOTE TO INTERVIEWER:** Any time the respondent states that an activity is **"Not Very Important"** or **"Not Important at All"** simply check off that box and go to next item.

5. ***When to use alternative response items:***
    *   If resident does not respond, says "I don't know", or if the question is not applicable check off "**Non-response/NA."**
    *   Any time residents state they can no longer do something, remind them that *"I want to know if these activities would be important to you **if you could do them with assistance or find a way to do it."***

6. ***Explain the nested questions.***
 "Once you have answered how important a preference is to you, I will ask you for details about your preference."

NOTE TO INTERVIEWER: When asking questions nested under each preference item, ask the open ended question first, and write down the resident's response. If the resident cannot answer the question or provide the details about their preference, you can then read them the list of prompts to help them identify the specifics of what they like. If the resident answers with specific information about what they like, then skip the prompts and go to the next nested question or PELI item.

7.   *When to stop the interview:*

a. If the resident becomes fatigued. Offer to stop the interview and return at another time. Make an appointment with the resident and leave a card with the time and date of the next interview.

b. If the resident says they would not like to answer any more questions. Respect the resident's wishes and discontinue the interview.

c. If residents give more than five (5) "Non-Responses" in a row. Stop the interview and ask the questions of a family member or staff person who knows the resident well.

Preferences for Everyday Living Inventory

Name:_____   Date:_____

"I am going to ask you questions about your preferences. I would like to know what your preferences are right now. Some of the questions may ask about things you feel you can no longer do by yourself, but I'd like to know if these activities would be important to you if you could do them with assistance or find a way to do it."

Importance Coding
1-Very Important   4- Not Important at All
2-Somewhat Important   9- No response/NA
3-Not Very Important

How important is it to you…	Importance	Notes
Q01A. When I greet you, what name would you like me to use?		
Q01B. How important is it to you to choose what name you would like me to use when I greet you?		
Q02. How important is it to you to choose when to get up in the morning?		
Q03. How important is it for you to follow a routine when you wake up in the morning?		
Q04. How important is it to you to choose how often to bathe?		
Q05. How important is it to you to choose what time of day to bathe?		
Q06. How important is it to you to choose between a tub bath, shower, bed bath, or sponge bath?		
Q07. How important is it to you to choose what clothes to wear?		
Q08. How important is it to you to choose how to care for your mouth?		
Q09. How important is it to you to choose how often to care for your nails?		
Q10. How important is it to you to choose how to care for your hair?		
Q11. How important is it to you to take a nap when you wish?		
Q12. How important is it to you to set up your room the way you want?		
Q13. How important is it to you to take care of your personal belongings or things?		

Preferences for Everyday Living Inventory

Importance Coding
1-Very Important   4- Not Important at All
2-Somewhat Important   9- No response/NA
3-Not Very Important

How important is it to you…	Importance	Notes
Q14. How important is it to you to keep your room at a certain temperature?		
Q15. How important is it to you to adjust the lighting in your room?		
Q16. How important is it to you to choose your own bedtime?		
Q17. How important is it to you to follow a routine when you go to bed?		
Q18A. How do you like to set up your bed for comfort?		
Q18B. How important is it to you to set up your bed for comfort?		
Q19. How important is it to you to choose your medical care professional?		
Q20. How important is it to you to choose whether your daily caregiver is male or female?		
Q21A. What would you like your daily caregiver to know about your needs when going to the bathroom?		
Q21B. How important is it to you that your daily caregiver knows your needs when going to the bathroom?		
Q22. How important is it to you to drink alcohol on occasion?		
Q23A. Do you use tobacco products? (No=0, Yes=1) If no, code Q23B=9 and skip to Q24		
Q23B. (If yes) How important is it to you to use tobacco products?		

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1-Very Important   4- Not Important at All
2-Somewhat Important   9- No response/NA
3-Not Very Important

How important is it to you…	Importance	Notes
Q24. How important is it to you to have regular contact with family?		
Q25. How important is it to you to have regular contact with friends?		
Q26A. Who would you like involved in discussions about your care?		
Q26B. How important is it to you to choose who you would like involved in discussions about your care?		
Q27A. What helps you feel better when you are upset?		
Q27B. How important is it to you to do what helps you feel better when you are upset?		
Q28. How important is it to you to talk to a mental health professional if you are sad or worried?		
Q29A. How would you like staff to show they care about you?		
Q29B. How important is it to you to have staff show they care about you?		
Q30A. How would you like staff to show you respect?		
Q30B. How important is it to you to have staff show you respect?		
Q31. How important is it to you to be able to use the phone in private?		
Q32. How important is it to you to have privacy?		

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2-Somewhat Important   9- No response/NA
3-Not Very Important

How important is it to you…	Importance	Notes
Q33. How important is it to you to lock things up to keep them safe?		
Q34. How important is it to you to be involved in choosing your roommate?		
Q35. How important is it to you to choose what to eat?		
Q36. How important is it to you to choose when to eat?		
Q37. How important is it to you to choose where to eat?		
Q38. How important is it to you to have snacks available between meals?		
Q39. How important is it to you to eat at restaurants?		
Q40. How important is it to you to order take-out food?		
Q41. How important is it to you to spend time by yourself?		
Q42. How important is it to you to spend time one-on-one with someone?		
Q43. How important is it to you to do things with groups of people?		
Q44. How important is it to you to meet new people?		
Q45. How important is it to you to be a member of a club?		

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1-Very Important   4- Not Important at All
2-Somewhat Important   9- No response/NA
3-Not Very Important

How important is it to you…	Importance	Notes
Q46. How important is it to you to be around children?		
Q47. How important is it to you to volunteer your time?		
Q48. How important is it to you to participate in religious services or practices?		
Q49. How important is it to you to participate in your cultural traditions?		
Q50. How important is it to you to reminisce about the past?		
Q51. How important is it to you to give gifts?		
Q52. How important is it to you to go shopping?		
Q53. How important is it to you to do things away from here?		
Q54. How important is it to you to attend entertainment events?		
Q55. How important is it to you to go outside to get fresh air when the weather is good?		
Q56. How important is it to you to take care of the place you live?		
Q57. How important is it to you to do outdoor tasks?		
Q58. How important is it to you to be around animals such as pets?		

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1-Very Important   4- Not Important at All
2-Somewhat Important   9- No response/NA
3-Not Very Important

How important is it to you...	Importance	Notes
Q59. How important is it to you to keep up with the news?		
Q60. How important is it to you to learn about topics that interest you?		
Q61A. Do you have difficulties reading due to eyesight? (No=0, Yes=1)If yes, continue to Q61B and code Q61C=9. If no, code Q61B=9 and skip to Q61C.		
Q61B. (If yes) I'd like to know if these activities would be important to you if you could do them with assistance or find a way to do it. **How important is it to you to have reading options for low vision available to you?**		
Q61C. (If no) How important is it to you to have reading materials available to you?		
Q62. How important is it to you to exercise?		
Q63. How important are sports to you?		
Q64. How important is it to you to play games?		
Q65. How important is it to you to take care of plants?		
Q66. How important is it to you to be involved in cooking?		
Q67. How important is it to you to watch or listen to TV?		
Q68. How important is it to you to watch movies with other people?		

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2-Somewhat Important   9- No response/NA
3-Not Very Important

How important is it to you…	Importance	Notes
Q69. How important is it to you to listen to music you like?		
Q70. How important is it to you to use the computer?		
Q71A. What are your favorite hobbies?		
Q71B. How important is it to you to do your favorite hobbies?		
Q72. How important is it to you to do your favorite activities?		

1 = Very Important

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2 = Somewhat Important

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3 = Not Very Important

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4 = Not Important at All